



## School Family & Community Council Meeting Notes

Wednesday, March 18, 2026

3:00 pm - Library

[HHA's Vision and Mission Statements](#)

- **Attendees:**

- See Google Forms Spreadsheets.

- **Notes:**

- Welcome, introductions, and circle question
- Mental Health for Students and Staff
  - Kiauna Makel, School Social Worker
    - 1 in 5 students struggle with mental health. Early detection is critical for a positive outcome. Stress, relationships, and environment all have a big impact on our students' mental health.
    - ADHD and anxiety are the mental health challenges we typically see in elementary students. Some indicators that an elementary student is facing mental health challenges include excessive crying, clinginess, unexplained aches, and extreme changes in behavior.
    - Depression, anxiety, and peer stress are the mental health challenges we typically see in middle school students. Some indicators that a middle school student is facing mental health challenges include withdrawing from close friends and family, change in grades, and mood swings.
    - Families can support children struggling with mental health by encouraging open communication, staying calm when discussing their challenges, and validating what they are feeling. HHA support staff (Ms. Makel, Mr. Lee, Mr. Plunk, Dr. McClure, and Ms. Lightkep) are happy to get involved and provide support and resources if assistance is needed. Support staff can be reached through email, Dojo, or by phone call.
    - Students do not need an IEP or 504 to receive mental health support from HHA staff, but parent consent is needed.
  - Steven Plunk, Director of Restorative Practices

- Restorative Practices Ambassador Program- There are 30 trained student ambassadors that help with guided breathing, participate in community building circles, assist in conflict resolution circles, and participate in peer mentoring.
  - New Student Socials are held each month to welcome new students to HHA.
  - The ambassadors helped welcome Governor Wes Moore and led circles with our visitors during American Education Week.
  - Ambassadors are chosen through an anonymous survey of classmates and teacher feedback.
- Mr. Plunk runs skill building groups for students to build relationships and practice social skills.
- 29 students will be joining Mr. Plunk and other staff on a trip to Ecuador and Galapagos Islands. Student travellers organize and plan fundraisers to earn money towards the trip.
- Mr. Plunk leads monthly Professional Learning Groups that are for staff and are focused on specific areas of restorative practice and mental health. Mr. Plunk also runs the Wellness Committee, which is for HHA staff and provides opportunities for team building and wellness activities.
- Community Budget Review, Matt Hornbeck
  - HHA is in good financial standing. Budget needs are being met with added staff positions included to help decrease class size.
  - Once the budget is calculated for rent, BCP fees, legal & police fees, etc, excess dollars are used for added positions.
  - BCP/HHA is working with a new CPA firm to provide a budget report, which will outline in an easy-to-read format what money is being spent on.
  - The hope is to eventually remodel the old gym to create 6 new classrooms, which would be a 3-4 million dollar project. This will be considered when reviewing the budget in the upcoming years.
- Community Concerns
  - Process for dealing with address fraud-
    - About 20-30% of our school population lives out-of-zone. Address fraud is not believed to be widespread, but it does happen. Once students are enrolled, they can stay enrolled as long as they stay in the district. Students that move out of the district are required to pay tuition, but it can be hard to prove. If there are any concerns about address fraud, feel free to make an anonymous tip.
  - Target Population for school long-term-
    - From a budget perspective, 28-32 students per class is ideal.
  - Sibling rule-

- As of March 2026, incoming Kindergarteners must live in-zone to be enrolled, regardless of sibling attendance. Kindergarteners that are registering but live out-of-zone will be put on the waitlist.
- Announcements & Committee Updates
  - DEIC-
    - Thank you for your support with Family Academic Night!
  - Wellness-
    - Staff comedy show.
  - PTO-
    - B3 tickets go on sale on March 19th, with VIP tickets available.
    - A space themed HHA t-shirt will be available, with proceeds going towards B3.
    - Sponsors are still needed, please reach out to PTO if you know anyone that is interested.

- **Next Meeting:**

- April 15th, 3:00 pm - Library